



COURSE OUTLINE: PNG238 - NURSING THEORY III

Prepared: Andrew Metcalfe MN NP-PHC

Approved: Rebecca Keown - Dean

Course Code: Title	PNG238: NURSING THEORY III
Program Number: Name	3024: PRACTICAL NURSING
Department:	PRACTICAL NURSING
Academic Year:	2025-2026
Course Description:	<p>This course will focus on assisting the learner to develop a holistic approach to nursing when providing compassionate and culturally safe client care. The learner will gain an understanding of the planning and adapting practice in response to the spiritual beliefs and cultural practices of the client. The learner will gain insight to the importance of supporting clients through informed decision making. A variety of approaches will be utilized and critical thinking strategies will be emphasized as the learner explores the care of individuals, families and/or groups experiencing or predisposed to physical and mental health challenges in a variety of life situations.</p> <p>The use of research-based based evidence and BPG (Best Practice Guidelines) to support learning and collaborative decision making will be utilized. The learner will be provided the opportunity to demonstrate the use critical inquiry to support professional judgment and evidenced informed decision making.</p>
Total Credits:	4
Hours/Week:	4
Total Hours:	60
Prerequisites:	PNG111, PNG121, PNG127, PNG130, PNG131
Corequisites:	PNG233, PNG234, PNG236
This course is a pre-requisite for:	PNG250, PNG252, PNG253
Vocational Learning Outcomes (VLO's) addressed in this course:	<p>3024 - PRACTICAL NURSING</p> <p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 2 Assess clients across the life span, in a systematic and holistic manner.</p> <p>VLO 3 Plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.</p> <p>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>VLO 5 Evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.</p> <p>VLO 6 Act equitably and justly with clients and members of the health care team.</p> <p>VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant</p>
Please refer to program web page for a complete listing of program outcomes where applicable.	



	legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.				
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>				
Course Evaluation:	<p>Passing Grade: 60%, C</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>				
Other Course Evaluation & Assessment Requirements:	College of Nurses of Ontario (CNO) Registered Practical Nurse (RPN) Entry-to-Practice Competencies (ETPs) 5, 8, 9, 11, 14, 16, 20, 21, 24, 25, 26, 28, 33, 34, 39, 42, 43, 45, 56, 63, 69, 70				
Books and Required Resources:	<p>Custom Sault PN Sherpath Vantage Medical-Surgical Nursing by Lewis Publisher: Elsevier Canada Edition: 5th ISBN: 97804432270086 https://evolve.elsevier.com/cs/product/9780443270086?role=student</p>				
Course Outcomes and Learning Objectives:	<table border="1"> <thead> <tr> <th>Course Outcome 1</th> <th>Learning Objectives for Course Outcome 1</th> </tr> </thead> <tbody> <tr> <td> 1. Describe the response of the individual to each stage of illness. CNO RPN ETP 5, 8, 9, 21, 24, 25, 69. </td> <td> 1.1 Research stages of illness. 1.2 Define sick role and adaption to the spiritual beliefs and cultural practices of the client. 1.3 Participate in class activities pertaining to the impact of illness and supporting clients in making informed decisions about their health and respect of their decisions. 1.4 Examine the theories of self-concept including, identity, body image, self-esteem and roles. 1.5 Describe coping mechanisms used by individuals and families experiencing a health challenge. 1.6 Explore the CNO scope of practice document when providing nursing care and management of the client during the </td> </tr> </tbody> </table>	Course Outcome 1	Learning Objectives for Course Outcome 1	1. Describe the response of the individual to each stage of illness. CNO RPN ETP 5, 8, 9, 21, 24, 25, 69.	1.1 Research stages of illness. 1.2 Define sick role and adaption to the spiritual beliefs and cultural practices of the client. 1.3 Participate in class activities pertaining to the impact of illness and supporting clients in making informed decisions about their health and respect of their decisions. 1.4 Examine the theories of self-concept including, identity, body image, self-esteem and roles. 1.5 Describe coping mechanisms used by individuals and families experiencing a health challenge. 1.6 Explore the CNO scope of practice document when providing nursing care and management of the client during the
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	preoperative, intraoperative, and postoperative phase.
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Utilize critical thinking strategies when assessing and implementing nursing care for individuals, families and groups experiencing or predisposed to common health challenges. CNO RPN ETP 42, 43, 45, 56.	2.1 Assess risk factors and safety issues that predispose members of a population to develop common health challenges. 2.2 Determine the stage of illness being experienced. 2.3 Explain various types of health challenges and exacerbation of chronic health challenges associated with various systems including: -Musculoskeletal -Cardiovascular -Respiratory -Immunological -Hematological -Fluid Volume and Electrolytes/ Burns - Neoplasms 2.4 Explore client and family perception of the illness and the impact of the illness and collaborating on proposed treatment plan that supports client's choices and preferences. 2.5 Identify possible client stressors and their available support systems, (financial, emotional, psychological, social, religious) as they deal with the impact of a health care problem. 2.6 Assess client and family's knowledge of the acute or chronic health challenge. 2.7 Establish client's cultural background and their knowledge and belief system. 2.8 Determine client's developmental stage and lifestyle. 2.9 Ascertain client's coexisting medical conditions and medication regime.
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Plan interventions based on assessments, goals and expected outcomes of individual, families and groups experiencing or predisposed to common health challenges. CNO RPN ETP 7, 16, 26, 44, 63, 70.	3.1 Collaborate with client, family and health team members to integrate evidenced based practice when developing a careplan. 3.2 Integrate knowledge of pathophysiology, principles of teaching and learning, medications, diagnostic tests, and current trends in nursing and medicine when planning basic to advanced nursing care for client. 3.3 Incorporate knowledge of cultural background, values and beliefs, developmental stage and lifestyle into the client care plan. 3.4 Explore current evidence-based practice when applying the nursing process to clients and families experiencing an acute or exacerbation of a chronic health challenge. 3.5 Consider the determinants of health and vulnerable populations when applying the nursing process to clients and families experiencing an acute health challenge or exacerbation of a chronic health challenge. 3.6 Discuss how to integrate knowledge of how to respond to clients' conditions by organizing competing priorities.
Course Outcome 4	Learning Objectives for Course Outcome 4

	<p>4. Explore caring strategies, to promote coping by the individual, family or group with an acute or chronic health challenge. CNO RPN ETP 27, 28, 33, 34, 70.</p>	<p>4.1 Appraise client and family concerns. 4.2 Identify advocacy issues for clients or their representatives especially when they are unable to advocate for themselves. 4.3 Support clients and families to identify appropriate resources within the community. 4.4 Discuss how to plan to implement nursing interventions based on assessment findings, client preferences and desired outcomes. 4.5 Examine approaches for working with clients to ensure, confidentiality and cultural safety and sensitivity. 4.6 Responding to the client's right to healthcare information in adherence with PHIPPA.</p>
	Course Outcome 5	Learning Objectives for Course Outcome 5
	<p>Palliative Care, End of Life Care, Medical Assistance in Death (MAID) CNO RPN ETP 5, 8, 9, 21,24, 25, 69</p>	<p>5.1 Identify the importance of self-awareness when providing palliative and end-of-life care. 5.2 Discuss the benefits of offering a palliative care approach earlier in the client's illness trajectory. 5.3 Discuss how to assess and manage pain, delirium, gastrointestinal symptoms, hydration, and nutrition, and respiratory symptoms. 5.4 Discuss the importance to promote Advance Care Planning discussions with palliative clients. 5.6 Discuss the development of plans to address the client's spiritual, religious, or psychosocial needs. 5.7 Distinguish the difference between palliative care and end of life care. 5.8 Discuss the importance of preparing clients and families for last days and hours of life.</p>

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Evolve Assignments	15%
Final Exam	30%
In class case studies	15%
Midterm Exam	30%
Weekly Quizzes (1% per quiz)	10%

Date: August 25, 2025

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.